



INSTRUCTIONS

*CRYSTAL GRIDWORK
RITUAL*

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To perform this ritual, gather the four crystal and the central stone or generator. Each crystal should be programmed or charged with the energy of one element: **Carnelian | Fire, Moonstone | Water, Citrine | Air,** and **Tiger Eye | Earth,** while the central **Quartz** stone is charged with the energy of **Spirit.**

Place the crystals near representations of each element on your altar and invoke the Archangels of the elements and the Elementals for charging. (*Refer to graphic in the last page*)

Once your crystals are prepared, initiate the rituals from Empower Thyself. If you haven't taken this class, don't worry, just go to the next step and email at iam@romiebo.com to know more about this teachings.

Print the last page of this PDF or take a piece of paper and draw a circle, dividing it into halves and then halves again, forming the symbol for Earth and the Sephirot of Malkhut.

Within each of these four quadrants lies a significant aspect of your life, symbolizing different elements.

FIRE: Represents your purpose and creative will, nurturing your spiritual health. **WATER:** Signifies your passions and relationships, essential for your emotional well-being. **AIR:** Reflects your clarity and self-expression, crucial for your mental health. **EARTH:** Signifies your home and finances, influencing your physical well-being.

In each quadrant, write down an area of your life that aligns with its corresponding element.



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Place the central **Quartz** stone, representing **Spirit**, at the **center**.

Place the bottom **Carnelian** stone, representing **Fire**, at the **South**/bottom.

Place the left **Moonstone**, representing **Water**, at the **West**/left.

Place the top **Tiger Eye** stone, representing **Earth**, at the **North**/top.

Place the right **Citrine** stone, representing **Air**, at the **East**/right.

Find your center and take several deep breaths, entering a meditative state.

Direct your awareness towards the central stone and visualize looking outward into each direction.

Engage in contemplation and meditation within each quadrant, asking yourself questions such as: **How am I utilizing my energy in this area? Am I focusing too much or too little here? Is my energy dispersed or unbalanced in this aspect?**

If you discover an area where your energy or focus is lacking, neglecting self-care or feeling scattered spend more time with it, channeling energy from the source into that particular area.

Once all the stones are in place, shift your attention back to the center, take a deep breath, and recite the following prayer:



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"I call upon my guides, angels and ancestors; the aspects of the Divine which work with me on the highest levels of 100% pure light.

I ask for your assistance to guide me into a state of balance in each area of my life.

May my life force energy be redistributed holistically.

May my energy flow clearly and positively through the layers of my being.

Help me to be aware, to feel connected, to love myself, and to find the faith and confidence to act from my highest self.

May I be of service to the Divine and aligned with the Divine Will.

SO IT IS!!!"

Leave your grid set up for one moon cycle (28 days). At this time, perform a prayer of gratitude. Add other elements to the grid - flowers, candles, and herbs.

Perform a Kabalistic Cross or closing ritual, affirm your working complete.



